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Honeyed Fruit Salad Recipe

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By [Rebecca Franklin](#), About.com Guide

Accompany this luscious honeyed fruit salad recipe with a baguette, assorted cheese, and a bottle of spicy-sweet sparkling dessert wine for a lovely [Bastille Day](#)¹ picnic.

Prep Time: 15 minutes

Total Time: 15 minutes

Ingredients:

- ½ cup dry white wine
- 3 tablespoons plus 2 teaspoons honey
- 2 tablespoons lemon juice
- ½ teaspoon lemon zest
- 1 tablespoon granulated sugar
- 1 pint strawberries, hulled
- 2 pears, cored
- 2 peaches, pitted
- ¾ cup sweet cherries, pitted
- 1 kiwifruit (optional)

Preparation:

Process the first 5 ingredients in a blender until the dressing is smooth. Chill for 20 minutes before serving.

Halve or quarter strawberries, cut pears and peaches into 3/4-inch pieces, and halve cherries. Cut the kiwifruit in half lengthwise, and then cut each half crosswise into 1/4-inch slices. Toss the prepared fruit with the desired amount of dressing and serve immediately or chill.

Makes 8 servings.

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Fruit Salad
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